



Ready, Set, Learn!!

What I need to know to help my child to be ready for Kindergarten.



Ready Set Learn...

- Intended for families and their three- to five-year-old children
- Is all about providing good information about how to support a young child's early learning and development
- Developing positive connections between families, the school system and local community agencies
- BC Government Ministry Initiative

Talking to with your child...



Tune In by paying attention to what your child is communicating to you.

Talk More with your child using descriptive words to build his vocabulary.

Take Turns by encouraging your child to respond to your words and actions.

Go for a walk and talk



Let your child play...



Play is...

- spontaneous
- voluntary
- pleasurable
- flexible activity involving a combination of body, object, symbol use and relationships
- is more disorganized

Rules for Spontaneous Play

- Play by themselves or with friends-doesn't always have to be adult directed or directly supervised
- Does not have to be costly
- Let your imagination run
- Designate an area in the house that can be used for play and creation

Play helps to develop social and emotional skills

- Learn social skills, negotiation, interactions, joining in,
- When things don't go as planned
- Big feelings – practice self control, empathy and how to get support and give it
- Solve their own problems
- Emotions – learn to recognize facial and body cues
- Calming or self soothing – Stuart Shanker

Help your child learn independence by:

Teaching your child how...

- to put his/her own coat on
- to do up his/her coat
- to put his/her shoes on



Help you child learn independence by:

Teaching your child...

- how to zip and unzip his/her backpack
- choose a snack to eat from his/her lunch
- how to open and close containers



Read, Read, Read to your child...



Talking with your child...



Tune In by paying attention to what your child is communicating to you.

Talk More with your child using descriptive words to build his vocabulary.

Take Turns by encouraging your child to respond to your words and actions.