

BC **THANKSGIVING** **FOOD DRIVE**

We are accepting donations in our school from

September 12 to September 22



Canned Meals

Stews, soups, baked beans, spaghetti/ravioli, vegetables, spaghetti and pasta sauce



Proteins

Nut or peanut butter, canned tuna, salmon, chicken, dried or canned beans, chickpeas, lentils



Grains

Any variety of rice, whole grain cereal, pasta, oatmeal, flour

Special Requests include cooking oil, jam, sugar, Diapers in size 5 and 6 (only), Tampons



DONATE NOW!

Did you know Funds go Further than food donations?

"Every \$1 donated = up to \$3 worth of food."

Donate today and receive a Food Bank charitable donation tax receipt.